

ALL TESTS - SPLITS

RIGHT / LEFT / MIDDLE

cm	Score
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≤ - 15	7.00
-12	6.80
-9	6.60
-6	6.40
-3	6.20
0	6.00
1	5.80
2	5.60
3	5.40
4	5.20
5	5.10
6	5.00
7	4.90
8	4.80
9	4.70
10	4.60
11	4.50
12	4.40
13	4.30
14	4.20
15	4.10
> 16	4.00

ALL TESTS - ARCH

criteria	Score
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all 4 criteria	6.00
3 criteria	5.50
2 criteria	5.00
1 criterion	4.50
0 criteria	0=FAILED

ALL TESTS - SHOULDERS

total points	Score
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3 points	5.75
2 points	5.25
1 points	4.75
0 points	0=FAILED