

INDIVIDUAL ROUTINES MINIMUM DDs REQUIREMENTS 2026			
	JUNIOR TEAM/OP2032		
	1st Period WC 1-2	2nd Period (SM)	3rd Period (after SM-JEC)
<b>DUET FREE*</b>	47and higher	49 and higher	51 and higher***
<b>DUET TECH*</b>	11 per hybrid (performed within 25")	12-12.5 per hybrid (performed within 25")	12 - 13 per hybrid*** (performed within 25")
<b>SOLO FREE**</b>	45 and higher	47 and higher	tbd according to upcoming season
<b>SOLO TECH**</b>	11.5 per hybrid (performed within 25")	12-12.5 per hybrid (performed within 25")	

\*APPLICABLE FOR SELECTIONS AND WORLD CUPS

\*\* APPLICABLE FOR WORLD CUPS

\*\*\* WILL BE REEVALUATED AFTER WC 1, 2, 3

INDIVIDUAL ROUTINES MINIMUN DDs REQUIREMENTS 2026				
	ELITE TEAM/OP2028			
	1st Period (WC 1)	2nd Period (SM, WC 2+3)	3rd Period (WC 4,5)	4th Period (EC, JWC)
DUET FREE*	50 and higher	52 and higher***	54 and higher***	56 and higher***
DUET TECH*	16-17 per hybrid	17-18 per hybrid***	18-19 per hybrid***	18.5-19.5 per hybrid***
SOLO FREE**	46 and higher	48 and higher***	50 and higher***	
SOLO TECH**	16-17 per hybrid	17-18 per hybrid***	18-19 per hybrid***	

\* APPLICABLE FOR SELECTIONS AND WORLD CUPS

\*\* APPLICABLE FOR WORLD CUPS

\*\*\* WILL BE REEVALUATED AFTER WC 1, 2, 3, 4, 5