



The Swiss Swimming Federation (Swiss Aquatics) is one of the leading sports federations in Switzerland. As the governing body for the four Olympic sports – swimming, artistic swimming, diving, and water polo – Swiss Aquatics represents more than 100,000 active swimmers, athletes, and coaches. Our mission is to develop high-performance aquatic sports while fostering a sustainable talent pipeline.

Intern (m/f) as a Coach with the Swiss Junior National Swimming Team

We are excited to offer an internship position within the Swiss Junior National Swimming Team for the 2026 / 2027 season. Our goal is to provide a motivated coach with the opportunity to support our team during national events and key activities, such as the Kaderweekends and training camps. This internship aims to offer valuable insights and hands-on experience into the working processes of the Swiss Junior National swimming Team.

1. PURPOSE OF THE INTERNSHIP

The internship aims to provide a motivated young coach with a structured, hands-on experience in a high-performance junior national team. The intern will gain insight into (competition) coaching, testing, athlete management, and team collaboration at the Swiss national level.

2. GENERAL INFORMATION

- Timeframe 2026 / 2027 swimming season
- Approx. workload ~20 days
 - 3 x 3 days Kaderweekends (September, January, May)
 - 1 x 5 days Trainings camp (3T in September)
 - 1 x 5 days Competition (Dezember)

3. INTERNSHIP STRUCTURE + YOUR RESPONSIBILITIES

1ST KADERWEEKEND + 3T TRAININGSCAMP (8 DAYS, SEPTEMBER)

- Getting to know the Swiss Junior National athletes and coaching staff
- Understanding the structure of the Swiss Junior National Team and how it operates
- Observing, assisting and collaborating with the coaches staff during trainings and meetings

COMPETITION (5 DAYS, DECEMBER)

- Competition coaching of the Swiss Junior National athletes under supervision during an official competition
- Ongoing feedback on competition coaching during and after the competition
- Reflection on coaching performance, communication, and organization, with identification of strengths and development areas

2ND KADERWEEKEND (3 DAYS, JANUARY)

- Understanding and supporting the testing conducted during Kaderweekend
- Participating in planning and executing trainings and team building events

3RD KADERWEEKEND (3 DAYS, MAY)

- Independent planning and execution of at least one training session and feedback on the coaching
- Introduction into the PISTE testing and executing the PISTE Test with the Swiss Junior National Team

4. YOUR PROFILE

- Completed Trainer Bronze (Swiss Aquatics – Trainer Bronze)
- Interest in working as a professional coach in swimming and working with young athletes
- Good communication skills in a Swiss National language (German / French / Italian) and English

5. WE OFFER

- Insights into working with the Swiss Junior National Swimming Team
- Hands-on experience in organizing and managing a Swiss Junior National Swimming Team
- Hands-on experience in planning and executing training for the Swiss Junior National Swimming Team
- Collaboration with experienced coaches and athletes

6. APPLICATION

For further and more detailed information, please contact paulina.kratka@swiss-aquatics.ch.

Please send your complete application documents (cover letter and motivation letter) by email to Paulina Kratka at paulina.kratka@swiss-aquatics.ch by **June 28, 2026**.

**IF YOU ARE PASSIONATE ABOUT COACHING AND EAGER TO DEVELOP YOUR SKILLS ALONGSIDE
OUR TEAM, WE ENCOURAGE YOU TO APPLY!!**